What's On in Libraries



Join now!





November 2024

Haringey



There is so much to see and do at Haringey Libraries - your local library is bursting with brilliant books and engaging activities to cultivate growth and well being for all.

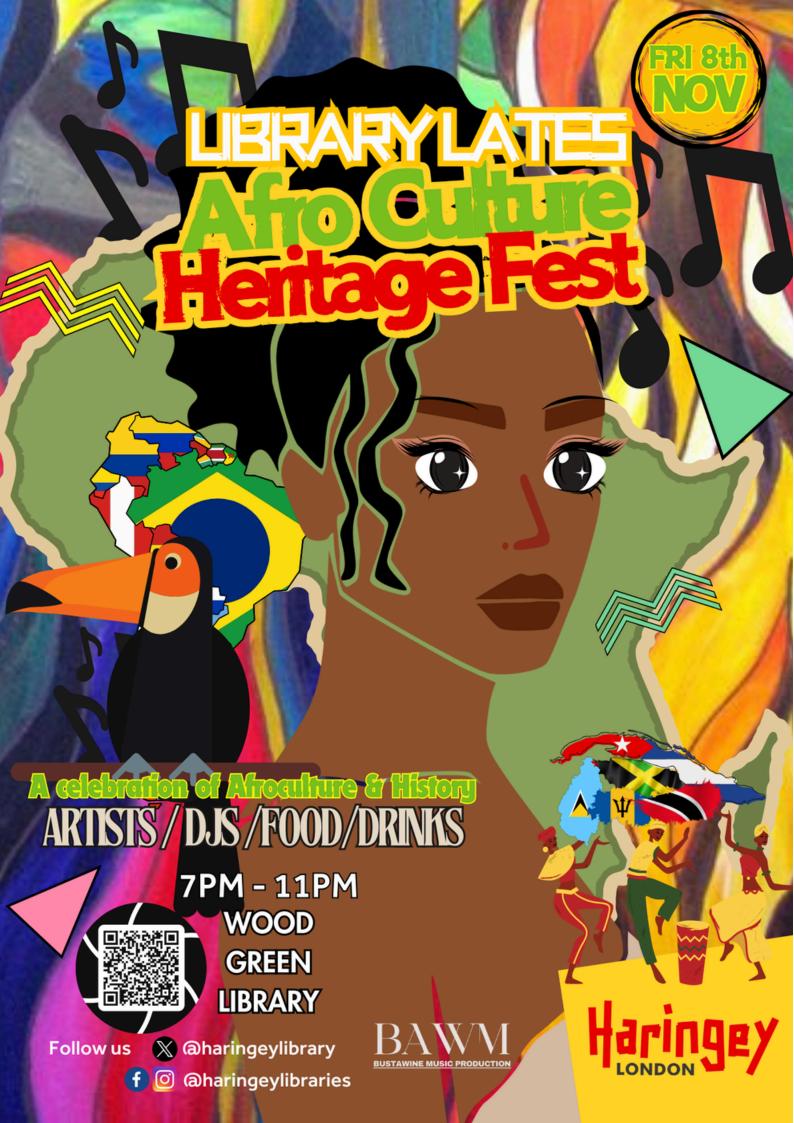
Find out more and keep up to date at libraries.haringey.gov.uk where you can join online, search the catalogue, renew items, check out our activities and discover an amazing collection of online resources that are free to library members.

If you have problems getting to a Library, then the Home Library Service is for you. We can deliver a wide range of library materials to your home once a month. Contact HLS@haringey.gov.uk to join

We have a wide range of rooms for hire, from hall and art galleries to small rooms for classes, meetings, presentations, seminars or as a space for community and social gatherings.

For further information and cost of hiring, visit libraries.haringey.gov.uk/digital-content/meeting-room-hire





Men's Health Awareness Month

Men's Health Awareness Month is observed in November to raise awareness of men's health issues and encourage men to seek support. The month aims to promote physical and mental well-being, and to address issues such as: prostate cancer, testicular cancer, mental health challenges, and suicide prevention.

One way to raise awareness is through Movember, an annual event that involves growing a moustache during the month of November.

Since 2003, Movember has funded more than 1,250 men's health projects around the world, challenging the status quo, shaking up men's health research and transforming the way health services reach and support men.



- In the UK, one man in five dies before he reaches the age of 65. More than two in five men die before the age of 75
- Three-quarters of premature deaths from cardiovascular disease are amongst men
- Men have a 37% higher risk of dying from cancer and a 67% higher chance of dying from cancers that affect both men and women
- Four in five suicides are by men

 suicide is the biggest cause
 of death for men under 35 and
 there has been a sharp
 increase in the rate among
 men aged 35-64.

The reasons for the poor state of men's health are numerous and complex and include:

- Lack of awareness and understanding of the health issues men face
- Men not openly discussing their health and how they're feeling
- Reluctance to take action when men don't feel physically or mentally well
- Men engaging in risky activities that threaten their health
- Stigmas surrounding mental health
- Men are 24 percent less likely than women to have visited a doctor within the past year

Men's Health Awareness Month

Men's Health Highgate Library

Mondays throughout November 10-10.30am

Talk about prostate cancer: how to prevent it, treating it and living with it. All welcome.

Men's Health Care - Oral Health Marcus Garvey Library Wednesday 6 November

Haringey Oral Health team will have a drop-in session - to raise awareness on smoking/vaping cessation and the impact of smoking on oral health.

Make Your Own Scent Marcus Garvey Library Saturday 16 November 2-3.30pm

Are you ready to dive into the world of fragrances and create your signature scent?

Join At Balance UK for a fun-filled event where you'll learn all about the art of making perfumes. Get hands-on experience blending different scents. - don't miss out on this exciting opportunity to unleash your creativity and explore the wonderful world of scents







Bubic Drop-In Marcus Garvey Library Wednesday 20 November

Bubic (Bringing Unity Back Into the Community) will have a stall at Marcus Garvey Library. Bubic are an award winning community-based organisation that provides support for drug users, ex-drug users, their family and friends. The service is mainly aimed at crack users.

Bubic's strength lies in their approach: they work in and with communities to encourage and support ex-users become peer mentors and advisors to help those who are addicted to drugs recognise the causes and effect of their addiction and to give them practical advice and emotional support to combat their addiction.

Their staff and volunteers (many of whom are ex-users) run support groups and other activities across Haringey, North London. If you, or anyone you know is addicted to drugs or affected by someone else's addiction then Bubic can help.

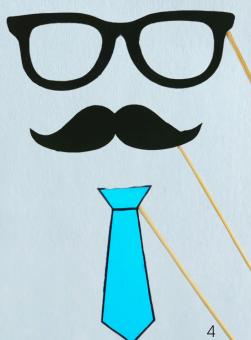
Movember Moustache Photo Prop Papercraft Hornsey Library

Thursday 21 November 3.30-4.30pm

Movember is a month-long event in which people are encouraged to grow moustaches in order to raise awareness of men's mental health issues.

Children who want to 'grow a moustache' can participate in our Movember event by joining our Moustache Photo Prop craft. Have fun creating your own fake moustache and then take a photo in our Movember photo booth.

Suitable for ages 3+



Haringey Libraries Room Bookings



We have a variety of meeting rooms and exhibition spaces for hire at all our libraries, all at competitive prices. A community rate for qualifying non-profit organisations makes it even more affordable!

All rooms are set-up appropriately with chairs and tables. Flip charts and/or a projector may also be added to your booking.

Suitable for face-to-face or virtual meetings, seminars, workshops, birthday parties, exhibits, podcasting, open mic sessions, book launches, and much more...







How to book



<u>libraries.haringey.gov.uk</u>





Your application will be reviewed to ensure the room is suitable for your requirements. 2 Select your desired library and room.

Room bookings may be made up to 180 days in advance.



Once your booking is confirmed you will be sent a link to pay online, or take your reference into a library and pay there.





National Novel Writing Month

National Novel Writing Month began in 1999 as intimidating yet simple challenge: write 50,000 words of a novel in just thirty days.

Each year on 1 November, hundreds of thousands of people around the world begin to write, determined to end the month with a first draft. They enter the month as elementary school teachers, mechanics, or stay-at-home parents. They leave novelists.

National Novel Writing Month Workshops

Coombes Croft Library Tuesday 5 & 26 November 12-2pm

Calling all budding writers: to celebrate National Novel Writing Month, we are running 2 workshops on Tuesday 5 and 26 November. Local authors will be in attendance to get you started in the right direction. National Novel Writing Month is a fun, empowering approach to creative writing.







The NaNoWriMo website tracks words for writers like Fitbit tracks steps, and volunteers host real-world writing events in cities from Seoul to Milwaukee like, well... like nothing else. Valuing enthusiasm, determination, and a deadline, NaNoWriMo is for anyone who has ever thought about writing a novel.

NaNoWriMo believes stories matter, and they're here to help you write yours!

For more information and to join the challenge, visit: https://nanowrimo.org/

Creative Writing Workshop Highgate Library Saturday 23 November 2-4pm

Come along and learn some creative writing theory, with a chance to write, read and get feedback on your work.

Spaces limited - book your free ticket here: <u>libraries.haringey.gov.uk/events/177718</u>



World Nursery Rhyme Week

Established by Music Bugs and launched in 2013, World Nursery Rhyme Week highlights the significance of nursery rhymes in early childhood development and education. Since its inception, over 5 million children from 113 countries have participated. This initiative welcomes parents, Early Years practitioners, and anyone working with children under the age of 7.

Every year, Music Bugs select 5 rhymes and invite children to engage in their 'Rhyme a Day' challenge by singing the nursery rhymes and participating in related activities.

This year, World Nursery Rhyme Week is from 11 to 15 November. The 5 official rhymes for 2024 are:

- Twinkle Twinkle
- Old Macdonald
- The Big Ship Sails
- Incy Wincy Spider
- 5 Currant Buns

Nursery rhymes serve as fantastic teaching tools and can aid in developing:

- Language and literacy skills
- Numeracy skills
- Social, physical, and emotional skills
- plus, they are so much fun!

At Haringey Libraries we run Song & Rhyme sessions at most of our libraries - perfect to celebrate World Nursery Rhyme Week! See pg. 17-18 for details

World Nursery Rhyme Time Hornsey Library Monday 11 November 10.30-11am

Come along to the library to celebrate the World Nursery Rhyme Week! World Nursery Rhyme Week promotes the importance of nursery rhymes in early childhood development and education. It takes place from 11 to 15 November 2024.

This Rhyme Time session will incorporate songs and rhymes in English, Portuguese and/or Spanish. Suitable for ages 0-5



World Nursery Rhyme Finger Puppets Craft

Hornsey Library

Wednesday 13 November 3.30-4.30pm

What is your favourite Nursery Rhyme? At Hornsey Library we are celebrating World Nursery Rhyme Week. Come and create your very own finger puppets inspired by some of the most loved and well-known nursery rhyme characters; Old McDonald, The Wheels on the bus, Five little ducklings and much more!



Talk Money & Global Entrepreneurship Week

talk money week.

This November, Do One Thing

Talk Money Week (4-8 November) is an opportunity for everyone to have more open conversations about their money – from pocket money to pensions – and continue these conversations year-round.

With the current cost-of-living pressures, it's more important than ever that we get support for money worries.

Research shows that people who talk about money:

- make better and less risky financial decisions
- have stronger personal relationships
- help their children form good lifetime money habits
- feel less stressed or anxious and more in control.

Building money conversations into our everyday lives also helps us build financial confidence and resilience to face whatever the future throws at us.

NatWest Money Matters Wood Green Library Wednesday 20 November 10-1pm

Drop-in to Wood Green Library to speak to the NatWest team regarding banking services and fraud prevention. The 17th annual Global Entrepreneurship Week is coming to a community near you, 18-24 November. The theme for this year's campaign is "Entrepreneurship is for Everyone," with founders, investors, policymakers and entrepreneur support organizations preparing to host and participate in events that will encourage more people of all geographies, economies, and demographics to consider the path of entrepreneurship.

The Global Entrepreneurship Week movement celebrates and empowers entrepreneurs in every country and community around the world – especially those who face structural barriers or who may have never considered the opportunities and possibilities that come in the pursuit of entrepreneurial endeavours.

Young Visionaries' Panel Wood Green Library Wednesday 27 November 5.30-7.30pm

Come along and watch young visionary entrepreneurs - graduates of the summer's Pocket Money Entrepreneurs programme - will present their business ideas to a panel of local experts. Whose idea and presentation will 'wow' the panel?



Digital Library

It is free to join Haringey Libraries and you only need to join once to use all of the libraries, including our Digital Library!

Below are some of the fantastic online access you will gain as soon as you join - and there's more to explore. Find out at haringey.gov.uk/libraries

Overdrive/Libby

Overdrive and its Libby app provide access to thousands of the latest eBooks and eAudiobooks Works on phones, tablets, computers and e-readers.





Pressreader

Download e-editions of the daily newspapers and popular magazines to your tabler, phone or PC.

Borrowbox

Listen to eAudiobooks on your phone, PC and tablet.

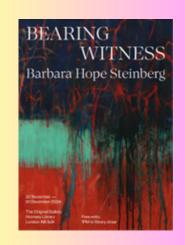


Exhibitions

'Bearing Witness' an exhibition by Barbara Hope Steinberg Hornsey Library 22 November - 1 December

Following her well-received exhibition at the Original Gallery in 2023, Hornsey Library is delighted to welcome back Barbara Hope Steinberg with a new show, 'Bearing Witness'.

Barbara's monumental canvases demand to be seen up close, and her new exhibition promises to be every bit as daring, emotive and challenging as the previous.



From the Friends

Harriet Wistrich in Conversation Hornsey Library Sunday 24 November 5.30-7pm

Founder of the Centre for Women's Justice, renowned feminist lawyer Harriet Wistrich will be talking about her work with Dame Vera Baird, previously Victims Commissioner and Professor in

This event falls on the eve of this year's 16 Days of Activism against Gender-Based Violence, the annual international campaign that kicks off on 25 November, the International Day for the Elimination of Violence against Women.

Criminology Practice at LSE.

Tickets priced at £10 provided by Friends of Hornsey Library - get them here!

Get your ticket at <u>FOHLNovember.eventbrite.co.uk</u> The ticket price includes a glass of wine or soft drink.

Open Keys Alexandra Park Library Saturday 30 November 3-5pm

The Supporters of Alexandra Park Library invite you to join us for an afternoon of community music at Alexandra Park Library. Come along and give us your best maestro on the library piano, or just sit and listen to the talent within the community. No booking required, all ages and abilities welcomed.



Children's Events



Vibrant Music and Movement Classes for Babies and Toddlers.

Alexandra Park Library, Thursdays 10.30-11am. Hornsey Library, Wednesdays 10.15-11.30am.

Our parent-present classes introduce the very young to rhymes, songs and signs. Every child taking part has the chance to sing, play a musical instrument, be amazed by the parachute and get lost in a world of bubbles!

These classes are provided by Movers and Shakers - each class costs £7 and tickets must be purchased in advance via Happity:



Alexandra Park Hornsey Library



Provided by West Children's Centre team. A playtime using sensory toys, session there will be time for one-onone advice regarding breastfeeding and introduction to solid foods. Suitable for ages 0-18 months

Alexandra Park Library Wednesdays 1-2pm III

and including singing. At the end of the

Board Games Club Coombes Croft Library Thursdays 3.30-4.30pm

Come out and play board games you know and love. Learn new games! Bring your friends along and challenge them to your favourite game. Also make new friends along the way. Ages 5-11



Rhymes & Raagas: Music and Craft for Babies and Tots St Ann's Library **Tuesday 12 November**

10.30-11.30am for 0-6 years old

Saturday 16 November

9.45-10.30am for 0-18 months old 10.45-11.30am for 2-6 years old (including a craft)

Come and listen to Monisha performing English nursery rhymes and songs, accompanied by Indian musical instruments. Enhance your child's cognitive development, social skills, sense of rhythm, pitch, counting, colours and more. You're welcome to sing, play, drum, count and dance along! There will also be a simple craft to make after the Saturday session.

£8 per child / £4 for siblings and concessions.

FREE BREASTFEEDING DROP IN



SATURDAY 9 NOVEMBER 10.00 – 12.00 WOOD GREEN LIBRARY CHILDREN'S AREA 187–197A HIGH RD. LONDON N22 6XD CONTACT NUMBER: 07977 076099

DURING THE SESSIONS WE CAN:

- OBSERVE A FEED.
- IMPROVE PAINFUL LATCHES
- PROVIDE A LISTENING EAR

RUN BY ABC BREASTFEEDING
CHAMPIONS
ADDITIONAL LANGUAGES
SPOKEN: POLISH,
ROMANIAN, GREEK AND
ALBANIAN.



ABC Parents

A Achieving a

B Better

C Community







Free, safe and anonymous mental health support.

Your local NHS is providing free counselling, group support and self-help tools for young people through **kooth.com**. It's completely anonymous and you can sign up without any referral.

Children's Events

Diwali Paper Plate Rangoli Craft Hornsey Library Friday 1 November 3.30-4.30pm

Rangoli is an art form often made during
Diwali celebrations, forming beautiful
patterns out of various materials,
welcoming prosperity. We'll be making
our own Rangoli designs out of scrap
paper on paper plates to create our very
own colourful designs. All ages are
welcome, but adult supervision is
recommended for cutting and sticking!
Suitable for ages 4+



Paper plate firework craft Hornsey Library Tuesday 5 November 3.30-4.30pm

Every year Bonfire Night commemorates the prevention of the Gunpowder Plot, which occurred on 5th November 1605.

Have fun with us at Hornsey Library by making your own paper plate firework.

Decorate your firework with paint, pencils, crayons, stars, glitter, anything that sparkles! Suitable for ages 3+

Remembrance Day - Poppy Craft Hornsey Library Friday 8 November 3.30-4.30pm

On Remembrance Day everyone in
Britain is asked to remember the
sacrifices made by others during times of
war. The poppy is an iconic symbol that
represents sleep, peace, and death.
Come along and make a beautiful poppy
and display it on our Remembrance Day
Board. Suitable for ages 3+

It's Fun To Draw ...a Supervillain - with Comics Club Stroud Green & Harringay Library Saturday 16 November 1-2.30pm

Come and design your own Supervillain, and learn some cartooning skills too, at Comics Club. With easy examples to follow, you will soon be creating villainous cartoon characters. There will be another fun cartoon drawing Comics Club on Saturday 30th November – check our website for details.

Don't forget, at Comics Club we also have a collection the Beano and Phoenix comics for you to read while you are here. Comics Club is fortnightly.



Film Showings

We show regular films throughout the month, picked from our wide catalogue of feature length films. All showings are free but limited space - make sure to book!

Thu	Fri	Sat
	1	2
7	8	9
14		Marcus Garvey Library: The Bad Guys (2022 - "U") 2.30pm (100min)
21	22	23
28	29	Marcus Garvey Library: Boss Baby 2 (2021 - "PG") 2.30pm (107min)

Children's Events

Library	Monday	Tuesday	Wednesday
Alexandra Park	Storytime 10.30-11am Ages 0-5 Alexa	ndra Park L	Get Creative 10.30-11am Sensory Play Ages 4+ 1-2pm Age 0-18mth See pg. 11
Coombes Croft	Rhythm & Rhyme by Rowland Hill Nursery 10.30-11.30am Ages 0-5		Library
Highgate	Hig	Storytime 10.30-11am Term time only Ages 0-5	ary
Hornsey	Song & Rhyme 10.30-11am Term time only Ages 0-6	Storytime 10.30-11am Term time only Ages 0-6	Movers & Shakers 10.15-11.30am and Shokers Music and Movement for Paid activity - see pg. 11
Marcus Garvey	Story & Rhyme Time 10.30-11.15am Ages 0-4	ıs Garvey L	Story & Rhyme Time 10.30-11.15am Ages 0-4
St. Ann's	A Stay & Play 10.30-11.30am Ages 0-5	St. Ann's	
Stroud Green & Harringay	Story & Rhyme Time 11-11.30am Ages 0-5 Get Creative 2.30-3pm Term time only Ages 1-5	Canta Conmigo en Español Rhyme Time in Spanish 11-11.30am Term time only Ages 0-5	Song, Rhyme & Play 10.15-11.30am Term time only 0-5 years Get Creative 3.30-430pm Term time only 3-10 years
Wood Green	Song & Rhyme 10.30-11am Term time Only Ages 0-5	Get Creative 11-11.30am Term time only Ages 0-5	Storytime 10.30-11am Term time only Ages 0-5

Scheduled activities for infants and young children

and young children					
Thursday	Friday	Saturday	Storytimes		
Movers & Shakers 10.30-11am 10.30	ndra Park L	ibrary Get Creative 11-12pm	Encouraging active listening and participation through stories and songs.		
Coom	oes Croft L	Ages 4-11 Ages 4-11	Song &		
Hig	3.30-4.30pm Term time only Ages 3-10	ary	Rhyme Join the popular sessions of		
Но	rnsey Libra	ary	traditional nursery rhymes & songs.		
	ıs Garvey L	ibrary	Stay & Play Drop in session for		
Stay & Play 10.30-11.30am Ages 0-5	Stay & Play 10.30-11.30am Ages 0-5 St. Anns	Get Creative 10.30-12pm Ages 4-12	babies and toddlers to meet new friends!		
Stroud Gre	Song, Rhyme & Play 2-3pm Ages 0-3 A	nav Library	Get Creative!		
Woo	od Green Lib	rary	Messy fun for little hands - make, stick, colour and paint. ¹⁸		

Family Events

Chess Club

Wood Green Library
Saturday 2 & 16 November 1-3pm
Sunday 10 & 24 November 1-3pm

All levels and ages are welcome. If you don't know how to play, don't worry, we will teach you.

Checkmates Chess Club St Ann's Library Fridays 4-5pm

Learn to play chess with Emma - even if you don't know a rook from a bishop! Experienced players are also welcome. Maximum of twelve children per session - first come, first served.

Ages 7-16

Black Arts Production Theatre
Saturday Drama Classes
St Ann's Library
Every Saturday (Term Time Only) 12-2pm

For 8 to 16 year olds

Classes charged per term, contact:

info@baptheatre.com or call

07958 946 273

TTRPG Club
Wood Green Library
Thursdays 5-6.30pm
except 7 & 14 November

Table Top Role-Playing Games (TTRPGs) are social games of collaborative storytelling.

Whether you've never played TTRPGs before, or you've been playing for years, join us and have fun crafting your story!

Suitable for ages 10+

Chess Club Hornsey Library Thursdays 3-5.30pm

Thursday afternoons at Hornsey Library welcome beginners and experts alike to Chess Club.

Friendly and fun, come along and play in a relaxed environment with other fans of the great game.

To register you interest, contact:
John Ryan - johnryan649@hotmail.com
£2 admittance fee per person. Cash only.

Teens Book Club Coombes Croft Library Saturdays 3-4pm

Join us every Saturday to read and discuss the latest teenage books.

British Sign Language (BSL) Class Coombes Croft Library Tuesdays 5-7pm & Fridays 3.30-5pm

British Sign Language class is back at Coombes Croft Library. Join us to develop your skills or learn a new skill.

Kumon Maths & English
St Ann's Library
Mondays & Wednesdays 3.30-5.30pm
Saturdays (info only) 9.30-10.30am
Term time only

Classes to help children improve their numeracy and literacy. Ages 4+
Contact: tottenham@kumoncentre.co.uk /
07403 064 602

New Piano Bookings in Libraries



Every library in Haringey has a public piano for practise, learning or teaching!

It is now even easier to book piano time: just log on to the libraries website with your library card!



Book now! (



Go to:

haringey.events.mylibrary.digital/browse-resources



PLEIADES PIANO RECITAL BY GEORGE PARTOU

SAT 9TH NOV 3PM COOMBES CROFT LIBRARY SAT 16TH NOV 3PM MARCUS GARVEY LIBRARY

FREE ADMISSION





@ ZOPHOSPARTOU



Adult's Events

Book Groups

Members meet once a month to discuss the book they have been reading. To reserve a title, please visit:

<u>libraries.haringey.gov.uk/bookshelf</u>
or ask at the counter.

Alexandra Park Library

Wednesday 13 November 2.15-4pm
'The Hand That First Held Mine'
by Maggie O'Farrell
Contact angelainlondon@gmx.com to
register interest

Coombes Croft Library

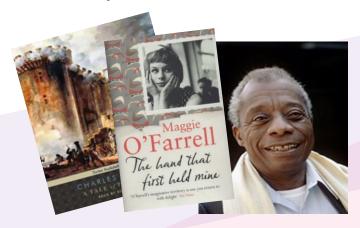
Saturday 30 November 3-4.30pm
'The James Baldwin Collection:
Collected Essays / Early Novels & Stories
/ Later Novels'
by James Baldwin

Marcus Garvey Library

Monday 25 November 5-6pm

St Ann's Library

Thursday 28 November 6-7pm 'A Tale of Two Cities' by Charles Dickens







Book Launch: 'One in Three' by Mira Harrison Hornsey Library Saturday 23 November 6-7.30pm

Join us at Hornsey Library for author Mira Harrison's new novel 'One in Three'.

One in Three is the coming-of-age story of James Hartman, a young doctor struggling with the demands of endless hours on call in NHS hospitals. Set in 1989 against the backdrop of the unfolding AIDS epidemic, James is continually confronted by tragedy, pain, and death...

Mira will be interviewed about the book and her writing process, and the event will also feature a medical panel illuminating the background of its setting.

ESOL & Literacy Support Class Coombes Croft Library Mondays & Wednesdays 10-11.30am

Join us for support with literacy, grammar, conservation and vocabulary support

Coffee Morning
Alexandra Park Library
Tuesdays 10.30-12.30pm

Friendly and informal coffee morning with Supporters of Alexandra Park Library, everyone welcome.

Adult's Events

The Yoga Well: Low Cost Yoga for Every Body St Ann's Library Thursdays 10-11am

Yoga originated in ancient India and is now practiced the world over by people of all faiths and all levels of fitness/flexibility. These classes are for everyone aged 18 to 80 plus! We explore natural relaxing ways to gently build strength, ease aches and pains, sooth the nerves, balance the mind and lift the spirit. Please wear stretchy, comfy clothing - mats provided.

Advanced booking only at www.theyogawell.co.uk - £2.50 per person













Community Art Group St Ann's Library Wednesdays 10.30-1pm

BOOK BINDING - LINO PRINTING - ACRYLIC PAINTING - GARDEN SCULPTURE - CARDS & GIFTS

Come and get creative at our Community Art Group, each Wednesday at St Ann's Library. A warm welcome, hot drinks and friendly conversation all provided!











Coffee & Computers Hornsey Library Wednesday 13 & 27 November 10.30-12pm

Free digital training and support to help you get to grips with the online world. Learn to use smartphones, computers and the internet with more confidence. We can also offer support with internet connectivity and access to low-cost devices. Booking advised.

www.coffeecomputers.org info@coffeecomputers.org 07999042497

St Ann's Library Thursdays 10.15-12pm

Digital skills workshops help you to get to grips with the online world and build confidence with using PCs and laptops. This course of 8 tutorled workshops, which started on 17 October, uses the public PCs in the computer room - if you have a laptop, please bring it along as there is limited PC availability. We will focus on using computers for basic digital activities, with lots of opportunity to practice and ask questions. Learn about: Computer Basics (incl. using library computers), Websites & Searching, Email, Attachments, Online Forms, Applications, Security & Scams, and much more!

For more info please visit our website, or get in touch via email, message or phone:

www.coffeecomputers.org info@coffeecomputers.org 07999 042497

LUX OBSCURA

PIANO RECITAL-INTERIORITY
BY GEORGE PARTOU

EVERY TUESDAY 3PM NOV 2024 COOMBES CROFT LIBRARY



FREE ADMISSION





@OBSCURUM PARTOU



Adult's Events

Piano Lessons for Adults with George Coombes Croft Library - Tuesdays 4-6pm Marcus Garvey Library - Thursdays 4-6pm

Piano tuition for adults with local piano teacher George - Grade 8 Merit teacher. All levels welcome.

Piano Tuition for Adults
Coombes Croft Library
Mondays & Wednesdays
5.30-6.30pm

Free Piano Tuition for adults. Ages 16+

St Ann's Library
Tuesdays 1-2pm

Line Dancing for all levels - beginners made very welcome.£5 for one class, £7 for two classes, or you can pay £15 for the month if paid in advance (no cards, cash only please) WHY IS DANCE GOOD FOR YOU? It reduces stress, brings you joy, keeps your body and mind fit, and reduces the risk of dementia.

Dance quite literally grows your brain and makes you smarter!

For further details, please contact Carol via danceuphoric1@gmail.com or call 07831 268053

Black Arts Production Theatre
Drama Classes for Adults
St Ann's Library
Every Saturday 2.30-4.30pm

For ages 16+

Classes charged per term, contact: info@baptheatre.com or call 07903 749 752

Knitting and Crochet Workshop Coombes Croft Library Mondays 1-3pm

An informal drop in, just to work on any knitting/crochet projects people have on the go and chat.

Charity Knitting Group Hornsey Library Tuesdays 2 to 4pm

Making items for dementia patients, things like twiddlemuffs, shawls, lap blankets and cannula sleeves. These have been donated to hospitals, care homes, etc. All welcome to join - materials provided. Donations of wool, buttons, ribbons etc appreciated.

The Sewing Workshop Coombes Croft Library Wednesdays 1-3pm

Come along to create your project and carry out long overdue repairs. Bring your patterns and materials. Skilled guidance is available to enable you to explore your creativity.



Crochet Club St Ann's Library

Thursday 14, 21 & 28 November 4-5pm Saturday 2, 16 & 30 November 2-3pm

Suitable for all levels - please bring double knit yarn and a 3.5mm or 4mm crochet hook.

Knitting Club Alexandra Park Library Saturdays 2.30-4pm

Bring your own project – making or mending to the library for an afternoon drop in session of crafting, chat and coffee!



SHARED READING

IN HARINGEY

At Shared Reading groups, people talk, connect, and share experiences using stories and poems. There's no pressure to talk or read aloud.

TUESDAY

2.30pm St Ann's Library, Cissbury Road, N15 5PU

2.30pm Stroud Green and Harringay Library, Quernmore Road, N4 4QR

WEDNESDAY

2.30pm Marcus Garvey Library, 1 Philip Lane, N15 4JA

THURSDAY

11am Noel Park Big Local Community Hub, Russell Park, via Russell Avenue, N22 6PU

1pm Hornsey Library, Haringey Park, **N89JA**

1.30pm Jacksons Lane Arts Centre, 269a Archway Road, **N6 5AA**

2.30pm Coombes Croft Library,

4 High Road, N17 8AG

Groups are open to all and FREE to attend. Just drop-in.

Contact info@thereader.org.uk or visit our website thereader.org.uk for more information.

















Advice & Support Sessions

Barclays Local - Where you will find a friendly face to come and talk to us in your community. We're here to help you with anything from money management and financial health, to improving your home or supporting your business.

There are no counter or cash services available at this site. For nearby Post Offices,

ATM's and other cash services visit link.co.uk/consumers/locator/

Thursdays 9.30-4pm (closed 12.30-1pm) at Alexandra Park Library

Connected Communities - Connected Communities give help and advice on how to access council and voluntary support in Haringey. They can help members of the public to get a better understanding of the root causes of their issues and support in finding solutions. A Connected Communities local area co-ordinator will be in the library to listen to you and offer help and advice on anything needed.

Mondays 9.30-4pm at Marcus Garvey Library

Fridays 9.30-1pm at Hornsey Library

Sexual health information, advice and guidance

Embrace UK - Free advice and information on sexual health

Monday 1-4pm Wood Green Library

Wednesdays 2-6pm at Marcus Garvey Library

Wise Thoughts Wednesdays 2-4pm at Wood Green Library

Healthy Living

Reed Wellbeing Drop In - Free advice on healthy living programme

Mondays & Wednesdays 10-1pm at Wood Green Library

Haringey GP Federation - Get help to connect to local health services via your mobile phone, laptop or computer. Drop-in for digital assistance with booking online appointments, ordering repeat prescriptions online, using the NHS app, and finding local health services near you.

Wednesdays 10-3pm at Hornsey Library

Advice & Support Sessions

Haringey Advice Partnership Coombes Croft Library Tuesday 26 November 10-1pm

Do you need information or guidance on health and care services in Haringey? Drop in session for advice with the Haringey Advice Partnership on the 4th Tuesday every month at Coombes Croft Library

Health & Social Care Careers Advice Marcus Garvey Library Friday 1 November & 6 December 10-12pm

Haringey Works Drop-in Sessions for residents interested in learning more about Health & Social Care careers. Resident Engagement Officer Thomas will be in the Library from 10am till 12pm every 4 weeks- starting Friday 6th September. he will discuss routes into the sector, how entry level jobs can develop into careers, qualifications and current vacancies. Residents interested in applying for jobs will then be referred to Haringey works for employment support.

Notices

Muswell Hill Library is currently closed for refurbishments

We look forward to welcoming you back in the future!

Friends of Marcus Garvey Library

Help support the group and the library with your ideas, talks, events and make new friends. New members all ages with interest welcome. Contact Jasmin: friendsofmgl@gmail.com

Maintenance Work at Hornsey Library

The adults' section of Hornsey Library is partially open after Haringey Council implemented stringent and comprehensive measures for residents to access this area safely and securely. Back in March, the council announced that the adults' section would remain closed while works continued to address issues around the presence of Reinforced Autoclaved Aerated Concrete (RAAC) in a section of the roof. Other parts of the library do not contain RAAC and are not impacted.

The safety of library users has been – and will always be – the number one priority and it has naturally taken some time to ensure that all the necessary precautions are in place so that no members of the public or library staff are put at risk. These safety measures on-site remain a temporary solution while the council develops comprehensive plans for the removal of RAAC. Despite the partial re-opening of the adults' section, there remains limited access to PCs at Hornsey Library.

Stroud Green and Harringay Library (Quernmore Road, N4 4QR) remains open as usual nearby and library services can still be accessed online at: <u>libraries.haringey.gov.uk</u>. A further update to residents regarding the timeframe for this removal will be provided as soon as possible.

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A SUPPORT GROUP FOR RELATIVES, FRIENDS, AND CARERS, OF LOVED ONES WHO HAVE DEMENTIA

MONTHLY, EVERY SECOND THURSDAY 4.30-6PM
HAYNES DEMENTIA HUB, 151 PARK ROAD,
HORNSEY, N8 8JD

An informal meet-up to talk with others about the impact and practicalities of supporting someone you are close to who has dementia. To talk about what you are going through, in a warm and safe environment, with plenty of tea, coffee and biscuits on hand.

For further information please contact - **Dementiafriendly@haringey.gov.uk**





Haringey Learns FREE courses starting in January 2025 at Wood Green Library, 2nd Floor (All courses are FREE and open to people living in London)

To explore the range of courses, please go to the following link https://www.webenrol.com/haringeylearns/

https://www.webenrol.com/haringeylearns/?page=courses

Courses designed to support businesses/upskill people who require IT Skills

- Build a small business or freelance website with WordPress
- Marketing and creative job skills using Adobe Creative Suite
- Level 2 Certificate in Digital Promotion for Business
- · Level 2 Certificate in understanding coding
- Microsoft Office Skills builder Intermediate
- The Basics of Word, Excel and PowerPoint
- Learn and Communicate Online Get Ready to Study
- Essential Digital Skills Entry 3 and Level 1
- Essential Digital Skills for Work and Everyday Life
- ICT Beginners and Digital Literacy
- ICT Workshops
- Data-Driven Success: Data Analysis for the Self-Employed
- Crunching Numbers: Essential Data Skills for Bookkeepers



Counselling

 Level 2 Award in Introduction to Counselling Skills (CPCAB)

Courses designed to support people back to work

 Award in Volunteering Level 1 (NCFE)

Courses that offer vocational pathways

- Level 1 Award in Bookkeeping
- · Level 2 Certificate in Bookkeeping

English

- Level Up Grammar and Punctuation and Digital Skills builder
- English Skills Bridge and English Skills Higher

Maths

- Building Confidence in Maths Entry
 Stage 2 and Higher Stage 2
- Level 1 and 2 Non-Calculator Skills

Creative Communication

• Lifelines - Create Your Story

ESOL - English for Speakers of Other Languages

 ESOL Skills for Life and Work Entry 3 Employability Skills

To apply sign up and submit your application online.

To apply for courses please scan the QR code opposite or visit: www.webenrol.com/haringeylearns









hals@haringey.gov.uk



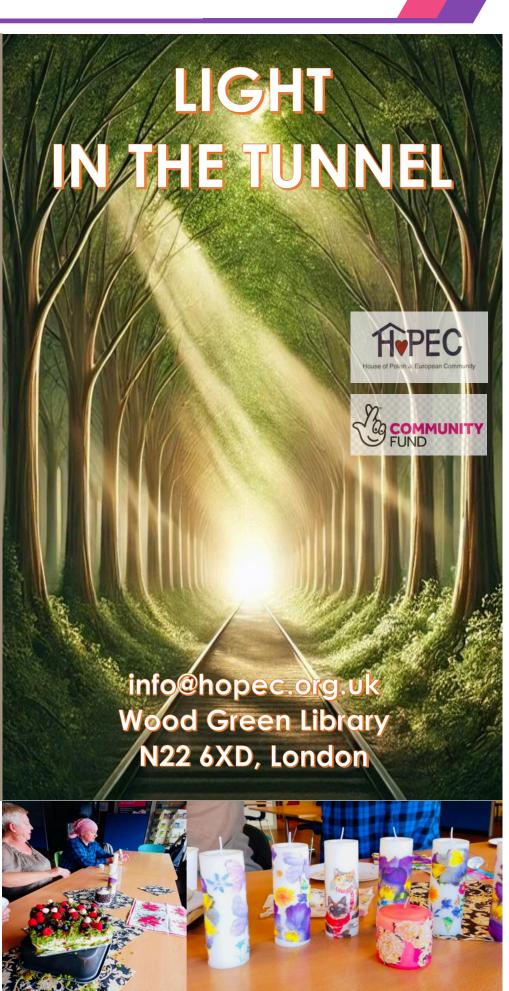
A welcoming and creative space for the community to relax, connect, and discover their hidden talents through fun, engaging activities. Join us to boost your well-being, explore your creativity, and meet new friends. Everyone is welcome! *

Creative Activities: Engage in fun, hands-on workshops like candle decorating, arts & crafts, and more to explore your creativity.

Relax and Unwind: Enjoy a calm, welcoming environment that promotes mental wellbeing and personal expression.

Community Connection: Meet new friends, share experiences, and reduce social isolation through meaningful interactions.

11AM - 2PM Thursdays Fortnightly



Digital Support Centre

HoPEC Centre Wood Green Wood Green Library 2nd Floor Room 9 N22 6XD



If you did not receive this email directly from the Home Office, it may not be possible to create your account or view your eVisa yet.

Dear Sir/Madam,

We have previously contacted you to take action to create a UKVI account and access your eVisa.

To do this, go to https://www.gov.uk/get-access-evisa to get

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E-mail from Home and easy to the expiration status.

Home Office and the easy to the expiration of your BRP card does not affect your about immigration status.

Home Office about eVisa & UKVI account? BRP valid until 31-12-2024?

your FREE appointment

to schedule

Monday - Friday



www.hopec.org.uk

info@hopec.org.uk

Councillor/MP Surgeries

Councillors surgeries provide an opportunity for you to meet your ward councillors and discuss local issues, personal issues and concerns.

Alexandra Park Library

Cllr Dawn Barnes Saturday 9 November 11-12pm

Cllr Mark Blake Saturday 23 November 9-10am

Cllr Joy Wallace Saturday 16 November 9-10am

Coombes Croft Library

Cllrs from Bruce Grove and Northumberland Park wards Every Saturday except 30 November 10-11pm

Hornsey Library

Cllr Buxton Saturday 9 November 11-12pm

Cllr Crawley-Harrison Saturday 2 November 10.30-11.30am

Cllr Johnson Saturday 9 November 11-12pm

Highgate Library

Cllr Da Costa Saturday 16 November 11-12pm

Cllr Emery Thursday 7 November 9-10am

Cllr Isilar-Gosling
Tuesday 14 November 6-7pm

Wood Green Library

Catherine West MP:

• Telephone Appointments Friday 8 November 10-11.30am

• In-Person

Friday 22 November 10-11.30am
For more details visit:
www.catherinewest.org.uk
Appointments must be pre-booked by
email: westc@parliament.uk or by phone:
020 7219 6141

Cllr Peray Ahmet Saturday 16 November 10.30-11.30am peray.ahmet@haringey.gov.uk 07812 677 735

Cllr Emine Ibrahim Saturday 2 November 10.30-11.30am emine.ibrahim@haringey.gov.uk 07812 677 724

Cllr Khaled Moyeed Saturday 9 November 10.30-11.30am khaled.moyeed@haringey.gov.uk 07976 973 851

Councillor/MP Surgeries

Marcus Garvey Library

David Lammy MP Surgeries
Surgeries are by appointment only. Please
Telephone 020 7219 0767 or email:
mail@davidlammy.co.uk to make an
appointment, between 10am -1pm
Tuesdays, Wednesdays and Thursdays.

Cllr Isidoros Diakides Saturday 16 November 11.30-12.30pm isidoros.diakides@haringey.gov.uk 020 8340 8477 / 07971 804 676

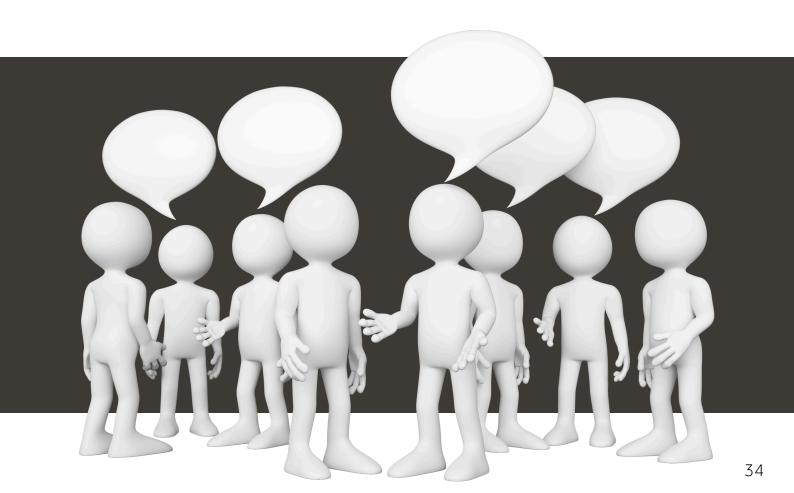
Cllr Ruth Gordon
Saturday 23 November 11-12.30pm
ruth.gordon@haringey.gov.uk
07976 974 532

Cllr Sean O'Donovan Saturday 9 November 11-12.30pm sean.odonovan@haringey.gov.uk 07980 316 787

Cllr Felicia Opoku Tuesday 12 November 6.15-7pm felicia.opoku@haringey.gov.uk 07812 677 717

Cllr Reg Rice Saturday 2 November 11-12.30pm reg.rice@haringey.gov.uk 07854 002 078

Cllr Matt White Saturday 2 November 11-12pm matthew.white@haringey.gov.uk 07976 975 500



Where to find us

Alexandra Park Library - Alexandra Park Road, London N22 7UJ Coombes Croft Library - Tottenham High Road, London N17 8AG Highgate Library - Shepherds Hill, London N6 5QJ Hornsey Library - Haringey Park, London N8 9JA Marcus Garvey Library - 1 Philip Lane, London N15 4JA Muswell Hill Library - Queens Avenue, London N10 3PE St Ann's Library - Cissbury Road, London N15 5PU Stroud Green & Harringay Library - Quernmore Road, London N4 4QR Wood Green Library - High Road, London N22 6XD

Opening Hours

Hornsey, Marcus Garvey and Wood Green Libraries

- Monday, Tuesday, Thursday, Friday 9am to 7pm
 - Wednesday 10am to 7pm
 - Saturday 9am to 5pm
 - Sunday 12 noon to 4pm

Alexandra Park, Coombes Croft, Highgate, Muswell Hill, St Ann's, and Stroud Green & Harringay Libraries

- Monday, Tuesday, Thursday, Friday 9am to 7pm
 - Wednesday 10am to 7pm
 - Saturday 9am to 5pm
 - Sunday Closed













